
For Healing

Heavenly Father, giver of life and health:

Fill me and surround me with your loving presence, and give your power of healing to those who minister to my needs, that I may be strengthened in my weakness and have confidence in your loving care; through Jesus Christ, my health and my salvation.
AMEN.

This is Another Day

This is another day. I know not what it will bring forth, but make me ready, Lord, for whatever it may be.

If I am to stand up, help me to stand bravely.
If I am to sit still, help me to sit quietly.
If I am to lie low, help me to do it patiently.
And if I am to do nothing, let me do it gallantly.

Make these words more than words and give me the Spirit of Jesus.

—Theodore Parker Ferris
Permission of Trinity Church, Boston

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The Twenty-third Psalm

The LORD is my shepherd; I shall not want.
He maketh me to lie down in green pastures: he leadeth me beside the still waters.
He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.
Yea, though I walk through the valley of the shadow of death,
I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.
Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.
Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.

Please be assured of our prayers for you.

The Trinity clergy will be happy to bring the Sacraments of the Church to you, if you so desire.

Gracious God, whether I know or do not know the cause of my present suffering, give me the grace to know and trust your love and care.

Strengthen me to bear what I have to bear, and make me thankful for all who minister to my need.

If it be your will, restore me to health of body and mind; that, with gratitude for your goodness, I may be a better servant of the needs of others:

Through Jesus Christ our Lord.

AMEN.

You have granted me many blessings;

Now let me accept what is hard from your hand.

You will lay on me no more than I can bear.

You make all things work together for the good of all your children.

—Dietrich Bonhoeffer

Hope in the Lord;

Be strong and let your heart take courage:

Hope in the Lord.

—Psalm 27:14

Peace I leave with you.

My peace I give to you.

Not as the world do I give to you.

Let not your heart be troubled;

Neither let it be afraid.

—John 14:27

O Lord, Creator and Ruler of the World, I turn to you in my hour of need. Alone in the silence of my room, I ask for strength. You have made me: You alone know how frail I am.

But You have also placed the wondrous power of healing within me.

In You and in Your will do I put my trust and my hope.

Grant a full measure of guidance and wisdom to my doctors and nurses and to all who attend to my needs.

Help me to be appreciative of the kindness and help that I receive.

I thank You, too, for the loving concern and attentions of my dear ones, and I pray that You will lighten their burden for my sake and renew their strength.

May I find comfort in Jeremiah's words: "Heal me, O Lord, and I shall be healed.

Save me, and I shall be saved: For Thou art my praise."

AMEN.

For Sufferers

O Lord, who dost feel the pain of the world, look down upon all sick and suffering persons; enfold them with thy love, that in the midst of pain they may find thy presence; to doctors and nurses grant tender hearts and healing hands; and give health again in body and soul, for thy tender mercy's sake. AMEN.